



## Life Education Series: Personal Attitudes, Beliefs and Values – Living in The Present (F1LES003T)

Life is a journey filled with unexpected miracles. This talk provides student members with an opportunity to rethink the relationships between individuals, selves, others, societies, and the globe. They can explore the four directions of life (perceiving life, appreciating life, respecting life, and exploring life (Education Bureau, 2016)) and rediscover the meaning of the precious gift of life.

### Introduction of the talk

Living in the present does not mean we must forget the past, neglect the future, or merely pleasures seeking what we have now. Alternatively, we should understand how to persevere and exert our strengths from difficulties we encountered. We must breakthrough various constraints, with an optimistic and positive attitude, and face challenges bravely. Whether we can grasp our true selves depend on our outlook on life, so affecting life, we live.

This life education series will explore issues related to “Living in The Present” through guest speaker sharing and discussion. We hope participants will be inspired and will reflect on their own attitudes and values.

### Introduction of the series

In response to the developmental needs of gifted students, the life education series discusses topics of affective education such as self-concept; self-management; personal attitude, beliefs and values; emotion management; career and life planning education; social and communication skills; leadership training and problem-solving skills and resilience (EDB, 2015). Professionals, alumni and gifted youth are invited to share their personal stories and inspire students in this platform.

### Programme Type

Talk

### Speakers

#### Mr Andy Loo

Andy graduated from St. Paul's Co-educational College. During his secondary school years, he represented Hong Kong multiple times at the International Physics Olympiad (IPhO) and International Mathematical Olympiad (IMO), attaining gold and silver medals. With a Sir Edward Youde Memorial Scholarship, he completed his undergraduate studies at Princeton University in the US, where he majored in mathematics and minored in computer science. Andy is now a PhD student in economics and a Juris Doctor student at Stanford University, a columnist at the commentary section of the Hong Kong Economic Journal, and a trainer of the Hong

Kong team for the IMO.

**Ms Kimmy Chan**

Programme Development Officer, Affective Education Division, HKAGE

**Target Participants**



- S1 to S3 HKAGE student members
- Class size: 40
- \*First-come-first-served*

**Medium of Instruction**



Cantonese

**Intended Learning Outcomes**

Upon completion of the talk, participants should be able to:

1. Appreciate themselves from different perspectives and cherish the beauty of life;
2. Adopt a positive mindset in facing challenges and adversity along their growth journey;
3. Reflect on the meaning of life and treasure what they possess.

**Application Deadline**

**11 December 2020, 12:00 noon**

**Schedule**



Date	18 Dec 2020 (Friday)
Time	5:00 p.m.– 7:00 p.m. (Please arrive at 4:45p.m. for registration)
Venue	Room 403, The Hong Kong Academy for Gifted Education

**Remarks**

**Things to prepare & attention notes:**

1. The academy reserves the right to cancel any courses if there are insufficient applicants.
2. The staff of HKAGE will carry out class observation, photo/video-taking in some programmes or/and keep students' work for the purposes of programme evaluation, research or/and demonstration.
3. The programme may be rescheduled or conducted online, subject to development of Coronavirus Disease 2019 (COVID-19) and EDB's latest announcement on face-to-face programmes. Please pay close attention to email notification and announcement on the HKAGE website.
4. In the event of inclement weather, class arrangement will be based on "Arrangements for student programmes / activities in inclement weather"  
Please refer to the HKAGE website for more details:

<https://www.hkage.org.hk/en/students/important-information/bad-weather>

**Enquiries**



For enquiries, please contact Affective Education Division on 3940 0101(after language selection, press "4").