



Inside Out Series: Self Concept II (F2IOS002W2)

Introduction of the Workshop

Developing a personal identity is an important developmental task, and it may be a particular challenge for gifted students. Gifted students, like any other teens, develop an identity through hearing what others say about them, identifying what they feel and value, and thinking about themselves in relationships with others. Knowing and being comfortable with oneself can help gifted students to accomplish developmental milestones smoothly. As a gifted student, how well do you understand yourself? Some might say self-acceptance is about recognising and accepting one's strengths and weaknesses, so what are the common strengths and weaknesses that gifted students share? What is the relationship between attribution theory and giftedness?

In this workshop, we will explore various areas of self-concept such as self-acceptance, recognising our strengths and weaknesses, as well as attribution factors for success and failure.

Introduction of the Series

The 'Inside Out Series' is a workshop series related to affective education, it covers topics like self-concept, self-management and social relationships of gifted students. This series aims at fostering gifted students' whole-person development from the inside out by enabling them to understand themselves, enhance their self-management skills, and eventually build positive social relationships with the outside world. In the workshops of the Self Concept Series, you will be able to learn on various topics related to the self-concept of gifted students, including a list of giftedness theories, explore our strengths and weaknesses, view from others' perspective etc, and most importantly, understand more about ourselves.

Programme Type / Level

Workshop Series / Introductory ([Token required](#))

Instructor

Programme Officer, HKAGE

Pre-requisite

No special prerequisites are needed

Target Participants

- S1 to S3 HKAGE student members only in 2021/22 school year
- Class size: 25
- * *First-come-first-served*

Medium of Instruction

Cantonese, with handouts in English

Certificate

Student members who completed the workshop will be awarded an electronic certificate issued by the HKAGE. Student members could download the certificate from "Student Learning Profile" (<https://hkage.org.hk/b5/student/SLR/SLR.php>) 3 weeks after the workshop.

Intended Learning Outcomes

- Upon completion of the course, participants should be able to:
1. Recognise and accept their identity as gifted individuals
 2. Understand and identify their strengths and weaknesses
 3. Examine and apply their values in light of attribution theory

Application Deadline

21 January 2022, 12:00 noon

If student members withdraw from the programme after the Application Deadline, the token will be deducted.

Schedule

Date	Time	Venue (HKAGE)
29 January 2022 (Saturday)	9:30 a.m.– 12:30 p.m.	Room 204, HKAGE, Sha Kok Estate, Shatin, N.T. Online platform

Enquiries

For enquiries, please contact us on 3940 0101 or email programme@hkage.org.hk