



Life and Career Planning Workshop

(for S4 – S6 HKAGE Student Members)
(F1LPW003W)

In this workshop, students will be equipped with the essential components and positive life skills that lead to success in their life. They would be coached to develop a positive mindset, learn how to understand and make the best use of their character strengths to achieve their greatest accomplishments.

Introduction to the Workshop

This workshop will also help students to learn social relationship skills, how to handle conflicts with others, how to understand the perspectives of others, and to develop constructive relationships with others. Lastly, students will learn how to set positive goals, and how to make wiser decisions and develop plans for their future study and career paths.

Programme Type / Level

Workshop / Introductory Level ([Token required](#))

Instructor

Mandy Chan

Educational Psychologist, Affective Education Division, HKAGE

Target Participants



- ❖ S4 to S6 HKAGE student members
- ❖ Class size: 20
- ❖ *First-come-first-served

Medium of Instruction



English

Certificate



- ❖ Student members will be awarded an electronic certificate upon completion of the programme with a minimum of 80% attendance rate.

Intended Learning Outcomes



Upon completion of the programme, participants should be able to:

1. Understand their character strengths and how to make the best use of their character strengths to achieve accomplishments;
2. Improve their social relationship skills; &
3. Make wiser decisions and develop plans for their future study and career paths.

Application Procedure



- **No screening is needed.** There are no screening questions, written test or other screening methods for this type of programmes.
- First-come-first-served.
- Student members should avoid applying for programmes with time clash;
- The decision of HKAGE on the result of selection should be final.



Schedule



Date	Time	Format
9,11,16 & 18 August 2021	2:30 p.m. – 4:30 p.m.	Online workshop via Zoom (Details will be sent to participants via email)

Application Deadline

2 August 2021 12:00 noon

If student members withdraw from the programme after the Application Deadline, the token will be deducted.

Remarks

Things to prepare & attention notes:

1. The academy reserves the right to cancel any courses if there are insufficient applicants.
2. The staff of the HKAGE will carry out class observation, photo/video-taking in some programmes or/and keep students' work for the purposes of programme evaluation, research or/and demonstration.
3. In the event of inclement weather, the class arrangement will be based on "Arrangements for student programmes/activities in inclement weather"

Please refer to the HKAGE website for more details:

<https://www.hkage.org.hk/en/students/important-information/bad-weather>

Enquiries



For enquiries, please contact us at 3940 0101, after language selection, press "4", or email: ae@hkage.org.hk