



Inside Out Series: Self Concept (II)

(F2IOS002W2)

Introduction

Developing a personal identity is an important developmental task, and it may be a particular challenge for gifted students. Gifted students, like any other teens, develop an identity through hearing what others say about them, identifying what they feel and value, and thinking about themselves in relationship with others. Knowing and being comfortable with oneself can help gifted students to accomplish developmental milestones smoothly. As a gifted student, how well do you understand yourself? Some might say self-acceptance is about recognising and accepting one's strengths and weaknesses, so what are the common strengths and weaknesses that gifted students share? What is the relationship between attribution theory and giftedness?

In this workshop, we will explore various areas of self-concept such as self-acceptance, recognising our strengths and weaknesses, as well as attribution factors for success and failure.

Introduction of the Series

Inside Out Series is a workshop series related to affective education, it covers topics like self-concept, self-management and social relationship of gifted students. This series aims at fostering gifted students' whole-person development from the inside out by enabling them to understand themselves, enhance their self-management skills, and eventually build positive social relationships with the outside world. In the workshops of the Self Concept Series, you will be able to learn on various topics related to the self-concept of gifted students, including a list of giftedness theories, explore our strengths and weaknesses, view from others' perspective etc, and most importantly, understand more about ourselves.

Programme Type / Level

Workshop Series / Intermediate ([Token required](#))

Instructor

Mr Nelson Ng

Programme Development Officer (Affective Education), HKAGE

Target Participants



- ❖ S1 to S3 HKAGE student members
- ❖ Class size: 25

Medium of Instruction



Cantonese, with handouts in English



Certificate



- ❖ Student members who completed the workshop will be awarded an electronic certificate issued by the HKAGE. Student members could download the certificate from “Student Learning Profile” (<https://hkage.org.hk/b5/student/SLR/SLR.php>) 3 weeks after the workshop.

Intended Learning Outcomes



Upon completion of the programme, participants should be able to:

1. Recognise and accept their identity as gifted individuals
2. Understand and identify their strengths and weaknesses
3. Examine and apply their values in light of attribution theory

Application Procedure



- **No screening is needed.** There are no screening questions, written test or other screening methods for this type of programmes.
- First-come-first-served.
- Student members should avoid applying for programmes with time clash;
- The decision of HKAGE on the result of selection should be final.

Schedule



Date	Time	Venue
7 April 2021	2:30 p.m. – 5:30 p.m.	Room 403, HKAGE, Sha Kok Estate, Shatin, N.T.

Application Deadline

26 March 2021 12:00 noon

If student members withdraw from the programme after the Application Deadline, the token will be deducted.

Remarks

Things to prepare & attention notes:

1. The academy reserves the right to cancel any courses if there are insufficient applicants.
2. The staff of the HKAGE will carry out class observation, photo/video-taking in some programmes or/and keep students' work for the purposes of programme evaluation, research or/and demonstration.
3. The programme may be rescheduled or conducted online, subject to the development of Coronavirus Disease 2019 (COVID-19) and EDB's latest announcement on face-to-face programmes. Please pay close attention to email notification and announcement on the HKAGE website.
4. In the event of inclement weather, the class arrangement will be based on "Arrangements for student programmes / activities in inclement weather"

Please refer to the HKAGE website for more details:

<https://www.hkage.org.hk/en/students/important-information/bad-weather>



Enquiries



For enquiries, please contact us at 3940 0101, after language selection, press "4", or email: ae@hkage.org.hk

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