







## Affective Education Workshop

### Social Relationship (II): Communication Skills & Empathy

(PGSSW0046)

<b>Introduction</b>	<p>Living in a socialized society, we all need to know how to collaborate and communicate with other people. Do you think you can establish relationships with others, get along well with them, and handle interpersonal conflicts? What skills are needed for building effective interpersonal relationships?</p> <p>A series of 3 interrelated workshops will be held from June to August, one in each month. In the workshops, you will be able to learn on various topics related to social relations, including social styles, communication skills, empathy, getting along with your peers, family and teachers, conflict management, etc.</p> <p>We are now going to have the 2nd session of this series of workshops, you will uncover the power of empathy in establishing rapport, making and keeping social relationship with your peers.</p> <p>Meanwhile, through experiential learning activities, you will understand your own traits, discuss social skills between peers, and coping strategies to deal with peer pressure.</p>
<b>Programme Type / Level</b>	Workshop Series / Intermediate ( <a href="#">Token required</a> )
<b>Instructor</b>	Ms. Violet Sung, Guidance Counsellor (Affective Education), HKAGE
<b>Target Participants</b>	 <ul style="list-style-type: none"><li>❖ S1 to S3 HKAGE student members (2019/20 school year)</li><li>❖ Class size: 25</li></ul>
<b>Medium of Instruction</b>	 <p>Cantonese, with handouts in English</p>
<b>Certificate</b>	 <ul style="list-style-type: none"><li>❖ Student members who completed the workshop will be awarded an electronic certificate issued by the HKAGE. Student members could download the certificate from “Student Learning Profile” (<a href="https://hkage.org.hk/b5/student/SLR/SLR.php">https://hkage.org.hk/b5/student/SLR/SLR.php</a>) 3 weeks after the workshop.</li></ul>
<b>Intended Learning Outcomes</b>	 <p>Upon completion of the workshop, participants should be able to:</p> <ol style="list-style-type: none"><li>1. Recognise the importance of empathy in improving social interactions through sharing and discussion</li><li>2. Acquire social and communication skills</li><li>3. Understand the influences of giftedness on developing friendship</li><li>4. Develop adaptive coping strategies for fitting in with peers and peer pressure</li></ol>



**This programme is Programmes with No Screening**

There are no screening questions, written test or other screening methods for this type of programmes.

- Student members can select up to 5 programmes from a list of selection. Applicants have to state the priority when submitting the application. (1<sup>st</sup> priority, 2<sup>nd</sup> priority, 3<sup>rd</sup> priority, etc). 1 token is required for each programme (For programme list, please refer to the issue 18 of Gifted Gateway ([click here](#)));
- Application can only be submitted once. Once it is submitted, the priority and the programme selection cannot be changed;
- If a student member removes a programme from the application before the application deadline by withdrawal, the choice priority will remain unchanged. (For example: A student has selected three programmes and removed the programme with the 1<sup>st</sup> priority from the application. The choices of 2<sup>nd</sup> and 3<sup>rd</sup> priority will remain unchanged with no promotion in priority.);
- We will select the students based on the student's choice of priorities and a randomly generated selection by the computer system. If there is time clash between the applied programme and other programmes with offer, HKAGE will consider if the application will be accepted;
- Priority will be given to student members who have not completed the applied programmes;
- Student members should avoid applying programmes with time clash;
- The decision of HKAGE on the result of selection should be final.

Application Procedure



Schedule



(The workshop may be rescheduled or conducted as online subject to development of coronavirus epidemic and EDB guidance. Please pay close attention to email notification and announcement in HKAGE website.)

Date	Time	Venue
18 July 2020	09:30 a.m. – 12:30 p.m.	<b>Changed to online lesson</b>

Application Deadline

**23 April 2020 12:00 noon** Application Result Release Date **29 April 2020**

If student members withdraw from the programme after the Application Deadline, the token will be deducted.

Remarks

In the event of inclement weather, class arrangement will be based on "Arrangements for student programs / activities in inclement weather". Please refer to the HKAGE website for more details:

<https://www.hkage.org.hk/en/students/important-information/bad-weather>

Enquiries



For enquiries, please contact us at 3940 0101, after language selection, press "4", or email: [ae@hkage.org.hk](mailto:ae@hkage.org.hk)