



Affective Education Workshop

Self Management (III)

(PGSSW0044)

Introduction

Learning styles refer to students' preferred physical and socio-psychological conditions and preferred learning methods (Dunn & Griggs, 1988). It is not surprising that gifted students have varied learning styles. When teaching style and learning style are at odds, problems may result. Many of us may feel frustrated and uncomfortable in classroom because of our sensitivities and priorities related to learning. While some resist the teaching styles that do not match their own preferences, the others accommodate to fit in the system.

This session helps participants understand why they appreciate some teachers more than others and why they are having troubles in some classes. We will also examine participants' time management skills - the capacity to estimate, allocate, and execute within time constraints. Some overcommitted gifted students are involved in band, orchestra, soccer, chess club, and taking some advanced placement courses, and yet still find time to volunteer at the hospital. These students easily get into heated argument with parents on their time management skills. Prioritisation and limitation on their activities could help these students with multipotentiality to balance their busy student life.






Although competition is beneficial, the session will end with the dark side of competition. Participants will put competition into perspective and discuss the negative feelings found in competitive situations. In short, our third Self Management session covers the following three -

Self Management (III)	Learning Styles
	Time Management
	Dark Side of Competition

Programme
Type / Level

Workshop Series / Intermediate ([Token required](#))



Instructor	Ms. Violet Sung, Guidance Counsellor (Affective Education), HKAGE
Target Participants	 <ul style="list-style-type: none">❖ S1 to S3 HKAGE student members (2019/20 school year)❖ Class size: 25
Medium of Instruction	 Cantonese, with handouts in English
Certificate	 <ul style="list-style-type: none">❖ Student members who completed the workshop will be awarded an electronic certificate issued by the HKAGE. Student members could download the certificate from “Student Learning Profile” (https://hkage.org.hk/b5/student/SLR/SLR.php) 3 weeks after the workshop.
Intended Learning Outcomes	 <p>Upon completion of the programme, participants should be able to:</p> <ol style="list-style-type: none">1. Learn time management skills, look objectively at time management and how it affects them personally2. Become more aware of other gifted peers’ and his/her own preferred learning styles3. Recognise that jealousy, envy, and other negative feelings are often found in competitive situations
Application Procedure	 <p><u>This programme is Programmes with No Screening</u></p> <p>There are no screening questions, written test or other screening methods for this type of programmes.</p> <ul style="list-style-type: none">● Student members can select up to 5 programmes from a list of selection. Applicants have to state the priority when submitting the application. (1st priority, 2nd priority, 3rd priority, etc). 1 token is required for each programme (For programme list, please refer to the issue 17 of Gifted Gateway (click here));● Application can only be submitted once. Once it is submitted, the priority and the programme selection cannot be changed;● If a student member removes a programme from the application before the application deadline by withdrawal, the choice priority will remain unchanged. (For example: A student has selected three programmes and removed the programme with the 1st priority from the application. The choices of 2nd and 3rd priority will remain unchanged with no promotion in priority.);● We will select the students based on the student’s choice of priorities and a randomly generated selection by the computer system. If there is time clash between the applied programme and other programmes with offer, HKAGE will consider if the application will be accepted;● Priority will be given to student members who have not completed the applied programmes;● Student members should avoid applying programmes with time clash;● The decision of HKAGE on the result of selection should be final.



Schedule



Date	Time	Venue
21 Mar 2020	9:30 a.m. – 12:30 p.m.	Room 105, 1/F, The Hong Kong Academy for Gifted Education, Sha Kok Estate, Sha Tin, N.T.

Application Deadline

29 Jan 2020 12:00 n.n

Application Result Release Date

7 Feb 2020 (Fri)

If student members withdraw from the programme after the Application Deadline, the token will be deducted.

Remarks

In the event of inclement weather, class arrangement will be based on "Arrangements for student programs / activities in inclement weather". Please refer to the HKAGE website for more details:

<https://www.hkage.org.hk/en/students/important-information/bad-weather>

Enquiries



For enquiries, please contact us at 3940 0101, after language selection, press "4", or email: ae@hkage.org.hk