



香港資優教育學苑
The Hong Kong Academy for Gifted Education

Affective Education Division

One Hour Relaxing Sharing Session

Worry, restlessness, anxiety, anger, helplessness, grief...

Are these your recent moods?

The recent social situation might have affected our moods and hidden emotions do need to be released. In view of this, the HKAGE has set up a platform for student members and parents to share among themselves their feelings and difficulties in the coming months. Our Affective Education Team will accompany you in the sharing, which we hope would give you some relief.

Date: 4, 11, 18 Dec 2019 & 8, 15 Jan 2020* (Wednesday)

(*Please select the session(s) you would like to attend)

Time: 5:00 p.m. to 6:00 p.m.

Venue: Room 203, The Hong Kong Academy for Gifted Education

Target Participants: HKAGE student members and parents (student members and parents will be put into different groups for the sharing)

Medium of Instruction: Cantonese

Facilitators: Affective Education Team of the HKAGE

For enquiries, please contact us at 3940 0101, after language selection, press "4", or email: ae@hkage.org.hk

Parent enroll: <https://hkage.org.hk/b5/academy/Registration/selector.php?pid=35>

Student enroll: <https://hkage.org.hk/b5/student/Registration/commoncore/courseLogon.php?pid=3481&y=2020&q=1>