



## Affective Education Workshop – Social Relationship (I)

(PGSSW0036)

### Introduction

We, humans are kind of social animals and social relationships pervade every aspect of human life. In fact, we are far more dependent on our social relationships than other animals. Interacting with other people is inevitable and so do you think you know how to establish rapport, get along with, as well as managing conflicts with others? What skills do you need if you would like to have adaptive interaction and develop healthy relationship with people around you?

Here we will have a series of workshops about social relationships. With 3 separated yet correlated monthly sessions held from May to July, you will be provided an opportunity to learn building social relationships, particularly with your peers, family and teachers. Also, you will understand how empathy is essential for every healthy social relationship, and be equipped with effective social skills for interacting with others.

For the first session, you are going to explore and understand your own social style and how your own perception and others' perceptions on you lead to the pattern of interaction. Meanwhile, you could discover and reflect your interpersonal strengths and weaknesses in connecting with others. Last but not least, you can learn and practise effective interactive skills with the trainer and other participants through acquiring the basics of communication and social skills. Come join this first session of workshop if you want or need to take it. And you are encouraged to complete the whole series of the workshops for better progressive learning!

Social Relationship (I)	Understand your social style
	Basics of communication and social skills
	Link between health and social relationships

### Programme Type / Level

Workshop Series / Intermediate ([Token required](#))

### Instructor

Ms. Kimmy Chan, Programme Development Officer (Affective Education), HKAGE

### Target Participants



- ❖ S1 to S3 HKAGE student members
- ❖ Class size: 25



Medium of  
Instruction



Cantonese, with handouts in English

Certificate



- ❖ Student members who completed the workshop will be awarded an electronic certificate issued by the HKAGE. Student members could download the certificate from “Student Learning Profile” (<https://hkage.org.hk/b5/student/SLR/SLR.php>) 3 weeks after the workshop.

Intended Learning  
Outcomes



Upon completion of the workshop, participants should be able to:

1. Identify the key characteristics of different social style
2. Discover and reflect own interpersonal strengths and weaknesses in social relationships
3. Experience and practise effective interactive skills with others

**This programme is Programmes with No Screening**

There are no screening questions, written test or other screening methods for this type of programmes.

- Student members can select up to 5 programmes from a list of selection. Applicants have to state the priority when submitting the application. (1<sup>st</sup> priority, 2<sup>nd</sup> priority, 3<sup>rd</sup> priority, etc). 1 token is required for each programme (For programme list, please refer to page 42 to page 43 of [Gifted Gateway](#) Issue No.13;
- Application can only be submitted once. Once it is submitted, the priority and the programme selection cannot be changed;
- If a student member removes a programme from the application before the application deadline by withdrawal, the choice priority will remain unchanged. (For example: A student has selected three programmes and removed the programme with the 1<sup>st</sup> priority from the application. The choices of 2<sup>nd</sup> and 3<sup>rd</sup> priority will remain unchanged with no promotion in priority.);
- We will select the students based on the student’s choice of priorities and a randomly generated selection by the computer system. If there is time clash between the applied programme and other programmes with offer, HKAGE will consider if the application will be accepted;
- Student members should avoid applying programmes with time clash;
- The decision of HKAGE on the result of selection should be final.

Application  
Procedure





## Schedule



Date	Time	Venue
4 May 2019	09:30 a.m. – 12:30 p.m.	Room 403, HKAGE, Sha Kok Estate, Shatin, N.T.

## Application Deadline

**24 January 2019**

## Application Result Release Date

**31 January 2019**

Student members may withdraw from the programme on or before the application deadline. Otherwise, the token will be deducted.

## Remarks

In the event of inclement weather, class arrangement will be based on "Arrangements for student programs / activities in inclement weather". Please refer to the HKAGE website for more details:

<https://www.hkage.org.hk/en/students/important-information/bad-weather>

## Enquiries



For enquiries, please contact us at 3940 0101, after language selection, press "4", or email: [ae@hkage.org.hk](mailto:ae@hkage.org.hk)