


賽馬會「知情達意育優才」計劃 Jockey Club Gifted in Bloom--Harmony in Heart & Mind Programme

認識自我 – 分享工作坊








(JC2W-S031)

簡介	大家有否想過「我是誰」這個問題？究竟自己眼中的我、父母眼中的我，甚至朋友眼中的我會否有任何分別？本課程透過一系列小組分享，讓你與各資優生互相交流，藉此提升對資優身份的自我認識，以及掌握更多社交技巧。								
活動種類/程度	工作坊系列 / 進階程度 (代幣課程)								
導師	郭靜雯女士 – 香港資優教育學苑輔導主任 劉倩婷女士 – 香港資優教育學苑計劃主任 (情意教育部 – 賽馬會「知情達意育優才」計劃)								
對象		<ul style="list-style-type: none"> ➤ 小四至小六香港資優教育學苑學員 及 必須已經完成“Let Us Shine!”課程 ➤ 名額：20人 							
授課語言		粵語							
證書		出席全部三節課堂並完成整系列課程的學員，將獲發電子證書。 * 合資格學員可登入資優學院網站(https://hkage.org.hk/b5/student/SLR/SLR.php) 下載電子證書。							
預期學習成果		完成本課程後，學員應能： <ul style="list-style-type: none"> ➤ 了解並認知資優生的情意特質 ➤ 欣賞不同的情意特質 ➤ 透過自我探索，同伴和家長或老師的意見中了解自我 							
甄選		<ul style="list-style-type: none"> ➤ 無需甄選，先到先得 							
日程表		<table border="1"> <thead> <tr> <th>日期</th> <th>時間</th> <th>地點</th> </tr> </thead> <tbody> <tr> <td>2019年2月11、12及13日</td> <td>下午2:00 – 下午4:00</td> <td>新界沙田沙角邨資優教育學苑4樓403室</td> </tr> </tbody> </table>	日期	時間	地點	2019年2月11、12及13日	下午2:00 – 下午4:00	新界沙田沙角邨資優教育學苑4樓403室	
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截止報名日期	2019年1月4日 (請把已填妥的「確認回條」於 2019年1月9日或之前 傳真 / 電郵(jc@hkage.org.hk) / 郵寄至本學苑。遲交者當作放棄參加論。								
備註	倘若受到惡劣天氣影響，課堂安排以「惡劣天氣下學生課程/活動的安排」為準。 詳情可瀏覽學苑網站： https://www.hkage.org.hk/b5/students/important-information/bad-weather								
查詢		如有查詢，請致電 3940 0514 或電郵至 jc@hkage.org.hk 與我們聯絡。							

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Jockey Club Gifted in Bloom--Harmony in Heart & Mind Programme

Self-Awareness – Sharing Workshop

(JC2W-S031)

Introduction	Have you ever reflected on the question ‘Who am I?’ Are there any differences among the ‘me’ in my own eyes, the ‘me’ in my parents’ eyes, and the ‘me’ in my friends’ eyes? Under this programme, a series of workshops will be organised for you to share and exchange with other gifted students, with a view to enhancing your self-awareness as a gifted student and to developing your social skills.								
Programme Type/Level	Workshop / Intermediate (Token-required Programme)								
Instructor	Ms Tracy Kwok – Guidance Counsellor, HKAGE Ms Candy Lau – Project Officer, HKAGE (Affective Education Division – Jockey Club “Gifted in Bloom – Harmony in Heart & Mind Programme”)								
Target Participants		<ul style="list-style-type: none"> ➤ P4 – P6 HKAGE student members & should have completed “Let Us Shine!” ➤ Class size : 20 							
Medium of Instruction		Cantonese							
Certificate		An e-certificate will be issued to participants attending all the 3 sessions and completing the whole series of workshop. *Eligible participants might login the HKAGE website (https://hkage.org.hk/b5/student/SLR/SLR.php) to download their e–certificate.							
Intended Learning Outcomes		Upon completion of the programme, participants should be able to: <ul style="list-style-type: none"> ➤ Understand and aware their affective characteristics of giftedness ➤ Appreciating different affective characteristics of giftedness ➤ Learn more about themselves from self-exploring, peer and parents or teacher’s comments 							
Selection		➤ No selection needed. First-come-first-served.							
Schedule		<table border="1"> <thead> <tr> <th>Date</th> <th>Time</th> <th>Venue</th> </tr> </thead> <tbody> <tr> <td>11,12&13 February 2019</td> <td>2:00 pm – 4:00 pm</td> <td>Room 403, The Hong Kong Academy for Gifted Education, Sha Kok Estate, Shatin, New Territories</td> </tr> </tbody> </table>	Date	Time	Venue	11,12&13 February 2019	2:00 pm – 4:00 pm	Room 403, The Hong Kong Academy for Gifted Education, Sha Kok Estate, Shatin, New Territories	
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11,12&13 February 2019	2:00 pm – 4:00 pm	Room 403, The Hong Kong Academy for Gifted Education, Sha Kok Estate, Shatin, New Territories							
Deadline for Registration	4 January 2019 (Please complete this confirmation slip and submit it to the JC/HKAGE by fax / email (jc@hkage.org.hk) / post on or before 9 January 2019 . Late submission will be considered as withdrawal.)								
Remarks	Under inclement weather, the ‘Inclement Weather Arrangement for Student Programmes/Activities’ shall apply. Please refer to the HKAGE website for details: https://www.hkage.org.hk/en/students/important-information/bad-weather								
Enquiries		For enquiries, please contact us at 3940 0514 or jc@hkage.org.hk .							

主辦機構



捐助機構



香港賽馬會慈善信託基金
The Hong Kong Jockey Club Charities Trust
同心 同步 同進 RIDING HIGH TOGETHER

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