主辦機構

香港資優教育學苑
The Hong Kong Academy for Gifted Education

捐助機構

香港賽馬會慈善信託基金
The Hong Kong Jockey Club Charities Trust
同心同步同進 RIDING HIGH TOGETHER

賽馬會「知情達意育優才」計劃
Jockey Club Gifted in Bloom--Harmony in Heart & Mind Programme

認識自我 – 分享工作坊

(JC1W-S011)

簡介	大家有否想過「我是誰」這個問題？究竟自己眼中的我、父母眼中的我，甚至朋友眼中的我會否有任何分別？本課程透過一系列小組分享，讓你與各資優生互相交流，藉此提升對資優身份的自我認識，以及掌握更多社交技巧。
活動種類/程度	工作坊系列 / 進階程度 (代幣課程)
導師	**郭靜雯女士** – 香港資優教育學苑輔導主任 **劉倩琦女士** - 香港資優教育學苑計劃主任 （情意教育部 – 賽馬會「知情達意育優才」計劃）
對象	➢ 小四至小六香港資優教育學苑學員 及 必須已經完成 “Let Us Shine!” 課程 ➢ 名額：20 人
授課語言	粵語
證書	出席全部三節課堂並完成整系列課程的學員，將獲發電子證書。 * 合資格學員可登入資優學院網站(https://hkage.org.hk/b5/student/SLR/SLR.php) 下載電子證書。
預期學習成果	完成本課程後，學員應能： ➢ 加深對自我的認識 ➢ 掌握更多社交技巧 ➢ 獲得更多自我表達的機會
甄選	➢ 無需甄選，先到先得

日程表

日期	時間	地點
2018 年 10 月 13、*20 及 27 日	上午 10:00 – 中午 12:00	新界沙田沙角邨資優教育學苑 4 樓 403 室 *10 月 20 日於 105 室舉行

截止報名日期 **2018 年 9 月 30 日** 報名結果發佈日期 **2018 年 10 月 5 日**

備註

倘若受到惡劣天氣影響，課堂安排以「惡劣天氣下學生課程/活動的安排」為準。詳情可瀏覽學苑網站：
https://www.hkage.org.hk/b5/students/important-information/bad-weather

查詢 如有查詢，請致電 3940 0101 或電郵至 jc@hkage.org.hk 與我們聯絡。

Launched by

香 港 資 優 教 育 學 苑
The Hong Kong Academy for Gifted Education

Funded by

香港賽馬會慈善信託基金
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Jockey Club Gifted in Bloom--Harmony in Heart & Mind Programme

Self-Awareness – Sharing Workshop

(JC1W-S011)

Introduction	Have you ever reflected on the question 'Who am I?' Are there any differences among the 'me' in my own eyes, the 'me' in my parents' eyes, and the 'me' in my friends' eyes? Under this programme, a series of workshops will be organised for you to share and exchange with other gifted students, with a view to enhancing your self-awareness as a gifted student and to developing your social skills.
Programme Type/Level	Workshop / Intermediate （Token-required Programme）
Instructor	Ms Tracy Kwok – Guidance Counsellor, HKAGE Ms Candy Lau – Project Officer, HKAGE (Affective Education Division – Jockey Club "Gifted in Bloom – Harmony in Heart & Mind Programme")
Target Participants	➢ P4 – P6 HKAGE student members & should have completed "Let Us Shine!" ➢ Class size：20
Medium of Instruction	Cantonese
Certificate	An e-certificate will be issued to participants attending all the 3 sessions and completing the whole series of workshop. *Eligible participants might login the HKAGE website （https://hkage.org.hk/b5/student/SLR/SLR.php）to download their e–certificate.
Intended Learning Outcomes	Upon completion of the programme, participants should be able to: ➢ Enhance their self-awareness ➢ Develop their social skills ➢ Have more chances to express themselves
Selection	➢ No selection needed. First-come-first-served.

Schedule

Date	Time	Venue
13, *20 & 27 October 2018	10:00 am – 12:00 nn	Room 403, The Hong Kong Academy for Gifted Education, Sha Kok Estate, Shatin, New Territories *Room 105 for 20 October

Deadline for Registration	**30 September 2018**
Announcement of Outcome:	**5 October 2018**
Remarks	Under inclement weather, the 'Inclement Weather Arrangement for Student Programmes/Activities' shall apply. Please refer to the HKAGE website for details: https://www.hkage.org.hk/en/students/important-information/bad-weather
Enquiries	For enquiries, please contact us at 3940 0101 or jc@hkage.org.hk.