





# Adaptive@Teens – Adaptive Leadership (AQ&EQ)

(LEAP1121)

<p><b>Introduction</b></p>	<p>No leader can develop their great business alone, you are cordially invited to attend this challenging and practical Adaptive Leadership training journey :</p> <ul style="list-style-type: none"> <li>✧ Expand your world views through others' perspective and turn adversity into opportunity</li> <li>✧ Challenge your EQ and AQ for performing the art of leadership</li> <li>✧ Equip your skills on handling cases and group challenges</li> </ul> <p>Both AQ and EQ are related to one's adaptive level and ability towards adversity and uncertainty, they become the catalyzers of achieving to an adaptive leader.</p> <p><b>Program Highlights:</b></p> <ul style="list-style-type: none"> <li>● High-event adventure activities</li> <li>● Into the Wild :Survival skills training</li> <li>● Intelligence group challenges</li> </ul>
<p><b>Programme Type / Level</b></p>	<p>Introductory Course in Leadership (<a href="#">Token-required</a>)</p>
<p><b>Instructor(s)</b></p>	<p>Ms. Alice Leung Ka Wing and team, Stewards Enrichment Practice</p>
<p><b>Target Participants</b></p>	<p>  <ul style="list-style-type: none"> <li>➢ P6 to S2 HKAGE student members</li> <li>➢ Class size: 35</li> <li>➢ Physically healthy without chronic illness</li> </ul> </p>
<p><b>Medium of Instruction</b></p>	<p>          Cantonese       </p>
<p><b>Certificate</b></p>	<p>  <b>Certificate</b> will be awarded to participants who have:         <ul style="list-style-type: none"> <li>❖ Attended <b>FIVE</b> sessions AND</li> <li>❖ Completed all the assignments with satisfactory performance</li> </ul> </p>
<p><b>Intended Learning Outcomes</b></p>	<p>          Upon completion of the programme, participants should be able to:         <ol style="list-style-type: none"> <li>1. identify challenges, then turn unexpected changes and losses into opportunities</li> <li>2. take control of one's emotions by recognizing and reducing negative emotions</li> <li>3. employ appropriate skills and techniques in order to handle adversity with ease and flexibility</li> <li>4. demonstrate efficiency and creativity in dealing with adversity in leadership roles</li> <li>5. create an encouraging and trusting environment with higher AQ and EQ that facilitate positive outcomes in group settings</li> </ol> </p>
<p><b>Application Deadline</b></p>	<p> <b>22 Aug 2016</b> </p> <p style="text-align: right;"> <b>Application Result Release Date</b>  <b>2 Sep 2016</b> </p> <p>Student members may withdraw from the programme on or before the deadline. Otherwise, the token will be deducted.</p>

## Schedule



Session	Date (2016)	Time	Venue
1	15 Oct	9:30 a.m. – 12:30 p.m.	Room 403, the HKAGE
2	22 Oct	9:30 a.m. – 12:30 p.m.	Room 403, the HKAGE
3		1:30 p.m. – 4:00 p.m.	Room 403, the HKAGE
4	29 Oct	9:30 a.m. – 1:00 p.m.	Hong Kong Playground Association #
5	5 Nov	9:30 a.m. – 4:30 p.m.	Outdoor Training Camp @
6	12 Nov	10:00 a.m. – 12:00 p.m.	Room 105, the HKAGE

# Hong Kong Playground Association: 5/F, 38 Nelson Street, Mong Kok, Kowloon

@ Outdoor Training Camp : Hong Kong Federation of Youth Group, Jockey Club Sai Kung



For enquiries, please contact us at 3940 0191 or 3940 0102.

## Enquiries