

Parent Workshop

**Necessary Mental Skills During the Talent Development Journey
(F1PEP014W, F1PEP015W, F1PEP016W)**

Date and Time	Target Group
1 st workshop: 9 July 2021 (Friday) 6:30 pm-8:30 pm 2 nd workshop: 23 July 2021 (Friday) 6:30 pm-8:30 pm 3 rd workshop: 6 August 2021 (Friday) 6:30 pm-8:30 pm	Parents of Gifted Children (Priority will be given to parents of HKAGE student members)

- Venues** : Room 204 (on 9 July)
Room 203 (on 23 July and 6 August)
2/F, the Hong Kong Academy for Gifted Education, Sha Kok Estate, Shatin,
New Territories, Hong Kong
(Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)
- Topics** : 1st workshop: Intrinsic Motivation, Extrinsic Motivation, and Deep Engagement (F1PEP014W)
2nd workshop: Handling Challenges and Criticism with Anxiety Reduction and Resilience (F1PEP015W)
3rd workshop: Handling Failures with Perceived Control and Dispositional Optimism (F1PEP016W)
- Workshop Facilitator** : **Dr Richard LAU Kai Cheung**
Registered Clinical Psychologist, The Hong Kong Academy for Gifted Education
- Content** : The purpose of this series of workshops is to empower parents of gifted children so that they can teach their children practical ways to enhance their mental skills that are important during their talent development process. During each session, the workshop facilitator will use practical ways to explain or demonstrate to parents how various mental skills could be developed or promoted for themselves and their children.



- Intended Group Outcomes** : Upon completion of a whole series of workshops, parents should be able to facilitate themselves and their gifted children to learn about practical ways of:
1. promoting intrinsic motivation for talent development;
 2. promoting extrinsic motivation for talent development;
 3. promoting deep engagement for talent development;
 4. utilising anxiety reduction in dealing with challenges and criticisms;
 5. promoting resilience in dealing with challenges and criticisms;
 6. utilising perceived control in dealing with failures; and
 7. promoting dispositional optimism in dealing with failures.
- Language Medium** : Cantonese
- Administrative Fee** : HK\$100 (for each session)
- Capacity** : 20
- Registration Information** : Parents should apply through the online registration system on our website:
1st workshop
<https://hkage.org.hk/b5/academy/Registration/selector.php?pid=76>
2nd workshop
<https://hkage.org.hk/b5/academy/Registration/selector.php?pid=77>
3rd workshop
<https://hkage.org.hk/b5/academy/Registration/selector.php?pid=78>
- Deadlines for Registration** : For the 1st workshop, online registration starts on 3 Jun 2021 (Thurs) 12:00 noon. The deadline for registration is on 2 Jul 2021 (Fri) 12:00 noon.
- For the 2nd workshop, online registration starts on 17 Jun 2021 (Thurs) 12:00 noon. The deadline for registration is on 16 Jul 2021 (Fri) 12:00 noon.
- For the 3rd workshop, online registration starts on 30 Jun 2021 (Wed) 12:00 noon. The deadline for registration is on 30 Jul 2021 (Fri) 12:00 noon.
- Notes:
1. Due to limited capacity, registration will be accepted on a first-come-first-served basis;
 2. Applicants will be notified of the application results through email two days before the date of the workshops.
- Enquiries** : For enquiries, please contact us at 3940 0101 (after language selection, press “4”) or via email: ae@hkage.org.hk



- Remarks** :
- The organiser (HKAGE) will take photos and / or videos during the seminar. The photos and / or videos may be reproduced in electronic forms and / or printed publications for educational, research and marketing purposes upon the participants' consensus in registration.

Profile of the Facilitator:

Dr Richard LAU Kai Cheung

Registered Clinical Psychologist, The Hong Kong Academy for Gifted Education

Dr Richard LAU is a registered clinical psychologist of the Hong Kong Institute of Clinical Psychologist which is fully accredited by the Department of Health. He is also an associate fellow and registered clinical psychologist of the Hong Kong Psychological Society, a full member of the Hong Kong Clinical Psychologists Association, an associate fellow of the Hong Kong Professional Counselling Association, a registered clinical supervisor of the Asian Professional Counselling & Psychology Association, a certified clinical hypnotherapist of the Professional Board of Hypnotherapy, Inc., and a full member of the Australian Psychological Society.

For more than ten years, Dr Richard LAU has developed many training programmes for the gifted population and their parents in various private or non-government organisations in Hong Kong. He was a senior lecturer at the Department of Special Education and Counselling, Faculty of Education and Human Development in The Education University of Hong Kong; an assistant professor at the Nethersole School of Nursing, Faculty of Medicine of the Chinese University of Hong Kong; an assistant professor at the Department of Counselling and Psychology, Faculty of Social Sciences of the Hong Kong Shue Yan University; and a visiting professor at the Faculty of Social Sciences and Education of the University of Saint Joseph (current name) over the last twelve years. Through Dr LAU's teaching work in these universities, he has delivered many courses related to teaching or counselling students with special educational needs including gifted students. He has also trained numerous professional teachers, counsellors and social workers in teaching, counselling, and helping gifted students and their parents.