



賽馬會「知情達意育優才」計劃
Jockey Club "Gifted in Bloom-Harmony in Heart & Mind" Programme

Positive Psychology talk series --- for Parents and Teachers' Wellbeing

Introduction	Nurturing gifted students could be challenging. Have you ever thought of self-compassion as a practical parenting and teaching approach? Join us to explore different strength-based parenting skills, nonviolent communication skills and cultivate yourself with self-compassion to support the daily interaction with gifted students.	
Speaker	Dr Chi-Keung Alex Chan <i>Associate Professor, Department of Counselling and Psychology, Hong Kong Shue Yan University</i>	
Target Participants	Teachers and Parents are welcomed. *Priority will be given to parents and guardians of HKAGE student members.	
Medium of Instruction	Cantonese	
Fee	Free of charge (Funded by The Hong Kong Jockey Club Charities Trust)	
Quota	60 for each talk (First come, first served)	
Intended Learning Outcomes	<p>Upon completion of the talk, the participants should be able to:</p> <ul style="list-style-type: none"> ○ be aware of the importance of self-compassion; ○ recognize the importance of strength-based parenting, and their connection to affective development of gifted children; ○ identify different nonviolent communication approaches and teaching practices for gifted students. 	
Details	Parent talks	Teacher talks
	Learning and Cultivating Self-compassion for Parents (J1PSY001T)	Learning and Cultivating Self-compassion for Teachers (J1PSY002T)
	Date & Time: 21/5, 18:00-20:00 Venue: HKAGE Room 403 / Zoom	Date & Time: 22/5, 09:30-11:30 Venue: 7, Conference Hall 7, 2/F, Building 10W, Lakeside 2, Science Park / Zoom
	Strength-based Parenting : Building Children and Parents' Self-Efficacy (J1PSY003T)	Understanding and Applying Nonviolent Communication in Your Classroom (J1PSY004T)
Date & Time: 28/5, 18:00-20:00 Venue: HKAGE Room 403 / Zoom	Date & Time: 29/5, 09:30-11:30 Venue: Function Hall, Convention Centre 3, Science Park / Zoom	

Registration	<p>Registration deadline: 17 May 2021 (noon)</p> <p>Parents and teachers should register through the online registration platform on HKAGE website.</p> <p>For parents: https://www.hkage.org.hk/en/parent-programme/upcoming-events</p> <p>For teachers: https://www.hkage.org.hk/en/teacher-programme/upcoming-events</p> <p>**Accepted applicants will be informed by the HKAGE via email.</p>
Remarks	<p>The course organiser (HKAGE) will take photos and / or videos during the seminar. The photos and / or videos may be reproduced in electronic forms and / or printed publications for educational, research and marketing purposes upon the participants' consensus in registration.</p> <p>Parking arrangements: No visitor parking spaces are available at HKAGE. You may park your car in the car parks nearby.</p> <p>Please refer to the HKAGE website for "Inclement Weather Arrangement for Student Programmes/Activities": https://www.hkage.org.hk/en/students/important-information/bad-weather</p> <p>Participants will be informed about the latest arrangement of programmes individually or via the HKAGE website on the next working day.</p>
Enquiries	<p>For enquiries, please contact us at 3940 0514 or via email jc@hkage.org.hk.</p>

Registration

Talks information



Parents talks



Teachers talks

