

## Parent Seminar

### Talent Development Journey: Mental Skills for Dealing with Challenges and Criticisms (F1PEP012S)

Date and Time	Target Group
28 May 2021 (Friday) 6:30 p.m. – 8:30 p.m.	Parents of Upper Primary School Gifted Children (Priority will be given to parents of HKAGE student members)

- Mode** : Room 203, 2/F, the Hong Kong Academy for Gifted Education, Sha Kok Estate, Shatin, New Territories, Hong Kong  
(Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)  
The seminar may be rescheduled or conducted online, subject to the development of Coronavirus Disease 2019 (COVID-19) and EDB's latest announcement on face-to-face programmes. Please pay close attention to email notification and announcement on the HKAGE website.
- Speaker** : **Dr Richard LAU Kai Cheung**  
Registered Clinical Psychologist, The Hong Kong Academy for Gifted Education
- Content** : During the process of talent development of gifted students, it is important to cultivate not only their abilities in their talented domain, but also their development in the psychological aspect as this is also crucial for their high performance. The seminar aims to introduce to the participants some mental skills that are critical for talent development. At this seminar, participants will learn the concepts and application of anxiety reduction, coping with adversity, and resilience to facilitate their gifted children to deal with challenges and criticisms during their talent development journey. A Q&A session will be arranged during the seminar.
- Intended Learning Outcomes** : Upon completion of this seminar, parents should be able to:
1. facilitate their gifted children to learn about the concepts and the application of anxiety reduction;
  2. facilitate their gifted children to learn about the concepts and the ways of coping with adversity;
  3. facilitate their gifted children to learn about the concepts and the ways of promoting resilience; and
  4. facilitate their gifted children to learn about the application of mental skills in dealing with challenges and criticisms during the talent development journey.
- Language Medium** : Cantonese
- Fee** : HK\$100 (Administrative fee)

**Capacity** : 40

**Registration Information** : Parents should apply through the online registration system on our website:  
<https://hkage.org.hk/b5/academy/Registration/selector.php?pid=70>

**Deadline for Registration** : 21 May 2021 (Friday) 12:00 noon.

Notes:

1. Due to limited capacity, registration will be accepted on a first-come-first-served basis.
2. Applicants will be notified of the application results on or before 26 May 2021 (Wednesday) through email.

**Enquiries** : For enquiries, please contact us at 3940 0101 (after language selection, press “4”) or via email: [ae@hkage.org.hk](mailto:ae@hkage.org.hk)

**Remarks** : The organiser (HKAGE) will take photos and / or videos during the seminar. The photos and / or videos may be reproduced in electronic forms and / or printed publications for educational, research and marketing purposes upon the participants’ consensus in registration.

#### **Profile of the Speaker:**

##### **Dr Richard LAU Kai Cheung**

Registered Clinical Psychologist, The Hong Kong Academy for Gifted Education

Dr Richard LAU is a registered clinical psychologist of the Hong Kong Institute of Clinical Psychologist which is fully accredited by the Department of Health. He is also an associate fellow and registered clinical psychologist of the Hong Kong Psychological Society, a full member of the Hong Kong Clinical Psychologists Association, an associate fellow of the Hong Kong Professional Counselling Association, a registered clinical supervisor of the Asian Professional Counselling & Psychology Association, a certified clinical hypnotherapist of the Professional Board of Hypnotherapy, Inc., and a full member of the Australian Psychological Society.

For more than ten years, Dr Richard LAU has developed many training programmes for the gifted population and their parents in various private or non-government organisations in Hong Kong. He was a senior lecturer at the Department of Special Education and Counselling, Faculty of Education and Human Development in The Education University of Hong Kong; an assistant professor at the Nethersole School of Nursing, Faculty of Medicine of the Chinese University of Hong Kong; an assistant professor at the Department of Counselling and Psychology, Faculty of Social Sciences of the Hong Kong Shue Yan University; and a visiting professor at the Faculty of Social Sciences and Education of the University of Saint Joseph (current name) over the last twelve years. Through Dr LAU’s teaching work in these universities, he has delivered many courses related to teaching or counselling students with special educational needs including gifted students. Dr Lau has also trained numerous professional teachers, counsellors and social workers in teaching, counselling, and helping gifted students and their parents.