

賽馬會「知情達意育優才」計劃
Jockey Club "Gifted in Bloom-Harmony in Heart & Mind" Programme

Parent Support Group

Connecting with Oneself (JOPEP002G)

Introduction

An extension of the "Parenting for a Peaceful World" parent workshop, this group aims at creating a learning and mutually supporting community amongst parents of gifted children and enhancing parents' understanding of the 10 connecting themes. Reflective activities will be used to help parents share their common questions, thoughts, and opinions on the theme "**Connecting with Oneself**". Parents are free to share their experiences and obtain feedback from others under a non-judgemental atmosphere. The group also facilitates parents to construct answers and new ideas in their own "language" by developing positive solutions under an interactive atmosphere in a respectful environment.

Objectives

1. To strengthen parents' connection with themselves here and now
2. To let parents voice out their concern(s) freely
3. To let parents share, learn, and build up supporting network amongst their peers
4. To enhance parents' awareness for nurturing their gifted child(ren) with a positive attitude
5. To share information, opinions, and resources

Programme Details

Date	: 29 January 2021 (Friday)
Time	: 7:30 p.m. – 9:30 p.m.
Venue	: Room 303, The Hong Kong Academy for Gifted Education (HKAGE) Sha Kok Estate, Shatin, New Territories, Hong Kong (Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)
Target Group	: Parents of Primary & Secondary Student Members of the HKAGE
Quota	: 20 # Due to the limited capacity, registration will be accepted on a first-come-first-served basis
Content	: To facilitate parents to develop an appropriate parenting style for their gifted children through the connection with themselves and the awareness of their inner needs here and now.
Facilitator	: Ms Candy Lau Sin Ting <i>Parenting Counsellor,</i> <i>Parenting for a Peaceful World programme</i>



賽馬會「知情達意育優才」計劃
Jockey Club "Gifted in Bloom-Harmony in Heart & Mind" Programme

Language	:	Cantonese
Course Fee	:	Free of Charge (Funded by The Hong Kong Jockey Club Charities Trust)
Registration	:	Parents should apply through the online registration system on the HKAGE website. https://hkage.org.hk/b5/parent/Registration/courses/courseLogon.php?pid=477
Deadline for	:	18 January 2021 (Monday)
Registration	:	# Registrants will be notified of the outcome by 20 January 2021 (Wednesday) through email.
Enquiries	:	Tel.: 3940 0517 or Email: jc@hkage.org.hk
Remarks	:	<ol style="list-style-type: none">1. The HKAGE may carry out class observation, photo/video-taking in some programmes and/or keep participants' work for the purposes of programme evaluation, research, demonstration and/or promotion of the HKAGE's education activities.2. Parking arrangements: No visitor parking spaces are available at the HKAGE. You may park your car in the car parks nearby.