



賽馬會「知情達意育優才」計劃  
Jockey Club "Gifted in Bloom-Harmony in Heart & Mind" Programme

## Parent Workshop

### Parenting for a Peaceful World (JOPEP001W)

Date and Time	Target Group
<p><del>18 Dec 2020 (Friday)</del> <b>7 May 2021 (Friday)</b> 7:30 p.m. – 9:30 p.m. (2 hours)</p>	<p>Parents of gifted children (priority will be given to parents of HKAGE student members)</p>

**Venue** : Room 303, The Hong Kong Academy for Gifted Education (HKAGE)  
Sha Kok Estate, Shatin, New Territories, Hong Kong  
(Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)

**Speaker** : Ms Kwok Ching Man, Tracy  
Guidance Counsellor  
(Jockey Club 'Gifted in Bloom – Harmony in Heart & Mind' Programme, HKAGE)

**Content** : The purpose of the workshop is to enhance participants' awareness of the influence of their childhood experiences and the parenting style of their parents on their own parenting style.

For more details of the workshop, please refer to the website:  
<https://pfpw.ediversity.org/>

**Objectives** : Upon completion of this workshop, parents should be able to:

1. Reflect on their own childhood experiences
2. Identify how their own parenting style is influenced by that of their parents
3. Develop a desirable parenting style and attitude for addressing their own child's characteristics and needs

**Language** : Cantonese



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- Fee** : Free of charge (Funded by The Hong Kong Jockey Club Charities Trust)
- Quota** : 20
- Registration Information** : Parents should register through the online registration platform on the HKAGE website:  
<https://hkage.org.hk/b5/academy/Registration/selector.php?pid=55>
- Deadline for Registration** : ~~8 Dec 2020 (Tue)~~ **26 Apr 2021 (Mon)** 12:00 n.n.  
Notes:  
1. Due to limited capacity, registration will be accepted on a first-come-first-served basis;  
2. Registrants will be notified of the result by ~~11 Dec 2020 (Fri)~~ **28 Apr 2021 (Wed)** through email.
- Enquiries** : Tel.: 3940 0517 or Email: [jc@hkage.org.hk](mailto:jc@hkage.org.hk)
- Remarks** : 1. The Hong Kong Academy for Gifted Education (HKAGE) will carry out class observation, photo/video-taking in some programmes or/and keep parents' work for the purposes of programme evaluation, research, demonstration and/or promotion of HKAGE's education activities.  
2. Parking arrangements: No visitor parking spaces are available at HKAGE. You may park your car in the car parks nearby.



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**Profile of the Speakers:**

**Ms Kwok Ching Man, Tracy**

**Guidance Counsellor**

**Affective Education Division (Jockey Club ‘Gifted in Bloom – Harmony in Heart & Mind’ Programme), Hong Kong Academy for Gifted Education**

Ms Tracy Kwok obtained her Bachelor’s degree in Social Sciences with Honours in Counselling and Psychology from the Hong Kong Shue Yan University, and Master’s degree in Science in Play Therapy from the University of South Wales, UK. Ms Kwok is a registered Play Therapist of The British Association of Play Therapists (BAPT), and certified AutPlay Therapy provider in AutPlay® Therapy.

Before joining the Hong Kong Academy for Gifted Education (HKAGE), Ms Kwok had worked as Counsellor and Play Therapist in NGOs being responsible for case management and counselling services. She has been working in the education and social service field for almost 10 years. Ms Kwok is experienced in working with children, youth, parents and teachers. She has conducted numerous parent and teacher training workshops in different schools. Ms Kwok is specialised in conducting individual counselling and psychotherapies for gifted and SEN children and youth, as well as offering parent consultation. She is also skilful at leading group counselling from various approaches, such as using art, play, sand play and drama.

Ms Kwok is currently working as Guidance Counsellor under the Jockey Club ‘Gifted in Bloom – Harmony in Heart & Mind’ Programme of the HKAGE. She develops, coordinates and delivers new affective education programmes and a variety of professional services for gifted students, parents, teachers and the public including courses, workshops, seminars and support for student learning with a view to refining and enhancing the quality of teaching and learning initiatives in nurturing the affective development of gifted students. Ms Kwok has been invited as guest speaker by different universities and NGOs, such as the CUHK’s Jockey Club ‘Giftedness Into Flourishing Talents’ Project.