

## Parent Seminar

### Self-Regulated Learning – Executive Functioning (F1PEP001S)

Date and Time	Target Group
30 November 2020 (Monday) 6:30 p.m. – 8:30 p.m.	Parents of Gifted Children (Priority will be given to parents of HKAGE student members)

- Venue** : Room 403, 4/F, the Hong Kong Academy for Gifted Education, Sha Kok Estate, Shatin, New Territories, Hong Kong  
(Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)
- Guest Speaker** : **Dr Matthew Ho-tat CHU**  
Educational Psychologist
- Content** : This seminar aims to facilitate parents in learning how to develop their gifted children’s executive function and self-regulated learning skills, and to introduce to them the interrelation of these two skills which are crucial for learning and development. At this seminar, parents will learn from the speaker’s sharing how to provide the support that gifted children need to develop these skills for their study, how to facilitate the development of a child’s executive function skills and how important growth-encouraging environments are for children to practise these skills at home and at their study through which they transform their mental abilities into task-related skills. There will be a Q&A session for parents to interact with the speaker.
- Intended Learning Outcomes** : Upon completion of this seminar, parents should be able to:
1. understand what executive functioning and self-regulated learning are;
  2. try out strategies that facilitate the development of executive skills in their gifted children;
  3. practise strategies that support their gifted children to become self-regulated learners.
- Language** : Cantonese
- Fee** : HK\$100 (Administrative fee)
- Quota** : 40
- Registration Information** : Parents should apply through the online registration system on our website:  
<https://hkage.org.hk/b5/academy/Registration/selector.php?pid=53>



**Deadline for Registration** : 23 November 2020 (Monday) 12:00 noon

Notes:

1. Due to limited capacity, registration will be accepted on a first-come-first-served basis;
2. Applicants will be notified of the application results on or before 27 November 2020 (Friday) through email.

**Enquiries** : For enquiries, please contact us at 3940 0101 (after language selection, press “4”) or via email: [ae@hkage.org.hk](mailto:ae@hkage.org.hk)

**Remarks** : The organiser (HKAGE) will take photos and / or videos during the seminar. The photos and / or videos may be reproduced in electronic forms and / or printed publications for educational, research and marketing purposes upon the participants’ consensus in registration.

#### **Profile of the Speaker:**

##### **Dr Matthew Ho-tat CHU**

Educational Psychologist

Dr Matthew Chu is a founding member of the Special Interest Group for School Guidance, Life Skills and Career Development, Centre for Advancement of Inclusive and Special Education, Faculty of Education, the University of Hong Kong. His research papers have been presented in international conferences hosted by organisations including International Congress of Psychology, such as “Mindfulness Practice and Well-Being in Adolescents” presented in the 119th Annual Convention of the American Psychological Association. He has also served as a guest speaker for the workshop on “Mindfulness Practice in School” in the Hong Kong Psychological Society Annual Conference: “Psychology in the 21st Century – Opportunities and Challenges”.

Dr Chu’s research interest is positive psychology, the study of human strengths and potential. He has conducted research in various areas like parent-child relationship, learning motivation, optimism, self-efficacy, and mental health. He has been invited to be a visiting lecturer at the University of Wisconsin, and taught a module of the foundation course of nurturing gifted learners (training program for teachers) at the University of Hong Kong. He also serves as a speaker for the Hong Kong Academy for Gifted Education’s teacher and parent workshops.