

Parent Seminar

“Emotion and Stress Management for Parents of Gifted Children”

Date and Time	Target Group
25 April 2020 (Saturday) 2:00p.m. – 4:00p.m.	Parents of Gifted Children (Priority will be given to parents of HKAGE Student Members)

- Format** : Online Seminar via Zoom (Details will be sent to the applicants via email)
- Guest Speaker** : Dr LUK Sau-ha, Sarah
Professional Consultant, BA, PGDipPsy, PGDE, MSocSc, RegEdPsy, Ed.D. (CUHK)
- Objectives** : This seminar aims to give an introduction on the common behaviours and emotions of gifted children and their parents. The speaker will also share with parents how to realize the needs of their gifted children and the strategies for creating an optimal social and family environment for them.
- Intended Learning Outcomes** : Upon completion of this seminar, parents should be able to:
1. Realize the sources of stress of gifted children;
 2. Acknowledge the gifted children’s common behaviours related to emotions and stress;
 3. Strategically create an optimal social and family environment for their gifted children.
- Language** : Cantonese
- Fee** : HK\$100 (administrative fee)
- Quota** : 40
- Registration Information** : Parents should apply through the online registration system on our website:
<https://hkage.org.hk/b5/academy/Registration/selector.php?pid=41>
- Deadline for Registration** : 14 April 2020 (Tuesday) 12:00noon
- Notes:
1. Due to the limited capacity, registration will be accepted on a first-come-first-served basis;
 2. Registrants will be notified of the outcome on or before 17 April 2020 (Friday) through email.
- Enquiries** : Tel.: 3940 0101(After language selection, please press “4”) or
Email: ae@hkage.org.hk



- Remarks** :
1. The organiser (HKAGE) will take photos and / or videos during the workshop. The photos and / or videos may be reproduced in electronic forms and/or printed publications for educational, research and marketing purposes upon the participants' consensus in registration;
 2. Parking arrangements: No visitor parking spaces are available at HKAGE. You may park your car in the carparks nearby.

Profile of the Speaker:

Dr Luk Sau-ha, Sarah, Ed.D.

Professional Consultant, BA, PGDipPsy, PGDE, MSocSc, RegEdPsy, Ed.D. (CUHK)

Dr Sarah Luk is a Professional Consultant of the Department of Educational Psychology, The Chinese University of Hong Kong with over ten years of experience in working with children or young people having learning difficulties and social or emotional problems in secondary and special schools. She offers counselling and advisory services to children, teachers, parents and other professionals with the aim of enhancing their learning experience and quality of life.