

Parent Seminar

Parent Seminar Cum Parent Education Programme Certificates Presentation 2019
“Mindfulness for Gifted Children and Their Parents”

Date and Time	Target Group
26 July 2019 (Friday) 7:00 p.m. – 9:30 p.m.	Parents of Gifted Children (Priority will be given to the parents of HKAGE student members)

- Venue** : Room 105, 1/F, the Hong Kong Academy for Gifted Education (HKAGE)
Sha Kok Estate, Shatin, New Territories, Hong Kong
(Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)
- Guest Speaker** : **Dr George Lee Kin Cheung**
Honorary Assistant Professor, Centre of Buddhist Studies, The University of Hong Kong
- Content** : This seminar aims at exploring the following topics :
1. Understanding giftedness and talent development in children
 2. Identification of giftedness with psychodiagnostic instruments
 3. Common challenges and strengths of gifted children and their parents
 4. Foundation of parenting skills and mindfulness practice
 5. Motivating gifted students to develop skills and talents
 6. Practising mindfulness and relaxation skills with children
- Objectives** : Upon completion of this seminar, parents should be able to:
1. Gain the basic understanding of the specific psychological needs of gifted children;
 2. Increase awareness of the meaning of giftedness and challenges in gifted children;
 3. Increase understanding of emotional wellbeing in gifted children, and
 4. Foster parenting skills using mindfulness techniques
- Language** : Cantonese
- Fee** : HK\$100 (Administrative fee)
- Quota** : 80
- Registration Information** : Parents should apply through the online registration system on our website:
<https://hkage.org.hk/b5/academy/Registration/selector.php?pid=29>
- Deadline for Registration** : 12 July 2019 (Friday) 12:00n.n.
- Notes:
1. Due to the limited capacity, registration will be accepted on a first-come-first-served basis;
 2. Applicants will be notified of the application results on or before 19 July 2019 (Friday) through email.
- Enquiries** : Tel.: 3940 0101 (After language selection, please press “4”) or
Email: ae@hkage.org.hk

- Remarks** :
1. The organiser (HKAGE) will take photos and / or videos during the workshop. The photos and / or videos may be reproduced in electronic forms and / or printed publications for educational, research and marketing purposes upon the participants' consensus in registration;
 2. No visitor parking spaces are available at the HKAGE. You may park your car in the car parks nearby.

Profile of the Speaker:

Dr George Lee Kin Cheung

Honorary Assistant Professor, Centre of Buddhist Studies, The University of Hong Kong

Dr Kin Cheung (George) Lee is an honorary assistant professor in Buddhist counseling at The Centre of Buddhist Studies, The University of Hong Kong as well as a licensed clinical psychologist in the state of California (PSY28022). He received his Ph.D. and M.A. in Clinical Psychology from Alliant International University-Los Angeles, M.A. in Marriage and Family Therapy from The University of Southern California, and M.A. in Buddhist Studies from The University of Hong Kong. Dr Lee has a number of publications in the areas of Buddhist mindfulness practices, application of Buddhist practices to psychotherapy, acculturation and family conflicts, and international student psychology. His current research interests include applied Buddhism for professional psychology, interpretation of Early Buddhist teachings for mental health professionals, and Buddhist counseling.

Before joining the Centre of Buddhist Studies, Dr Lee worked as the Director of Clinical Training of Alliant International University, Hong Kong Programme and the assistant chair of the Department of Psychology, University of the West. He is also a recognised clinical supervisor by the California Board of Psychology and a certified therapist in Trauma-Focused Cognitive Behavioural Therapy, Managing and Adapting Practice, and Seeking Safety. Clinically, Dr Lee specialises in treating children and family, utilising a wide range of holistic orientations and techniques that can provide every client and family with an individualised experience. He also has experience in providing cognitive evaluations for youngsters from age 3-24, consultation for children and adults with advanced intellectual abilities, and parenting skills training for children with a variety of disturbances.