Parent Seminar

**Assist Gifted Children to Unleash from Perfection**

<table>
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<th>Date and Time</th>
<th>Target Group</th>
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<td>21 December 2018 (Friday)</td>
<td>Parents of Gifted Children</td>
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<td>7:00 p.m. – 9:00 p.m.</td>
<td>(Priority will be given to parents of HKAGE student members)</td>
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**Venue**
Room 105, HKAGE
Sha Kok Estate, Shatin, New Territories, Hong Kong
(Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)

**Speaker**
Ms Jo Ng
Director (Curriculum Development) of the Centre for Advancement in Inclusive and Special Education (CAISE), The University of Hong Kong

**Content**
This seminar aims at introducing to parents about the relationship and emotional knots implications between perfectionism and gifted children.

Through cases sharing, obstacles faced between gifted children and parents (or significant others) will be delineated so that a positive attitude can be developed. Guidance will be provided as reference.

**Objectives**
Upon completion of this workshop, parents should be able to:
1. Understand the perfectionistic characteristics of gifted children, the underlying reasons for being perfectionistic and some possible difficulties.
2. Face up to adversity with their gifted children.
3. Acquire some skills for helping their gifted children with perfectionist characteristics to step out of difficult situations they encounter.

**Language**
Cantonese

**Fee**
Free-of-charge

**Quota**
30

**Registration Information**
Parents should apply through the online registration system on our website:
Deadline for Registration: 14 December 2018 (Friday)

Notes:
1. Due to limited capacity, registration will be accepted on a first-come-first-served basis;
2. Registrants will be notified of the outcome on or before 18 December 2018 (Tuesday) through email.

Enquiries: Tel.: 3940 0101, after language selection, press "4", or Email: ae@hkage.org.hk

Remarks:
1. The organiser (HKAGE) will take photos and / or videos during the workshop. The photos and / or videos may be reproduced in electronic forms and / or printed publications for educational, research and marketing purposes upon the participants’ consensus in registration;
2. Parking arrangements: No visitor parking spaces are available at HKAGE. You may park your car in the car parks nearby.

Profile of the Instructor:

Ms Jo Ng

Ms Jo Ng is the Director (Curriculum Development) of the Centre for Advancement in Inclusive and Special Education (CAISE), The University of Hong Kong. She has designed, conducted and evaluated talent development programmes with creativity. She has also served as the Academic Advisor of the Hong Kong Gifted Education Teachers’ Association.

She received her master’s degree in Special Education with Gifted Education Concentration from The University of British Columbia. She has been working as a teacher, a learning enhancement specialist and a counsellor in local and international schools. Currently Jo provides consultation service embedded with mindfulness elements to support students with special educational needs, their parents, as well as educators in local primary and secondary school settings.

Jo has been practicing mindfulness under Plum Village since 2013 and completed the one-year Mindfulness Teachers Training Program by The Mindfulness Academy in 2015. She has initiated a quarterly Day of Mindfulness for Children with Plum Village monastics and HKU CAISE since March 2016.

Her aspiration is to cultivate joy and happiness in children, family, schools and the society.