

Parent-child Parallel Group 2

Parent-child parallel group for gifted ADHD Children and their Parents

Date and Time	Target Group
1, 8, 15, 22 & 29 Dec 2012, 5 Jan 2013 (Sat) 10:00 a.m.– 11:30 a.m. (6 sessions)	P3 and P4 gifted students with ADHD

- Venue** : 204, The Hong Kong Academy for Gifted Education
Sha Kok Estate, Shatin
New Territories, Hong Kong
(between Buddhist Kok Kwong Secondary School and Yue Shing Court)
- Speaker and Facilitator** : Ms. Mary Lee, Clinical Psychologist
Ms. Wong Wai Yee, Senior Psychological Counsellor for Children
- Course Description** : 1. to increase the attention and self-awareness in children
2. to help children transform negative emotions into “positive energy”
3. to develop children’s executive function skills so that they can be more independent in their life.
4. to help children to have a comprehensive understanding of their learning styles (visual, audio or haptic)
- Course Objectives** : Upon completion of this programme, students should be able to:
1. understand their own learning styles and adopt a positive learning attitude
2. organise and manage themselves effectively through the enhancement of their executive function skills
3. develop their strengths and overcome learning difficulties
4. learn the skill to transform negative emotions
- Course Outline** : Session 1: To help students to identify their own learning patterns and characteristics, and to understand the challenges they face
Session 2: Self-awareness and attention training
Session 3: Developing skills to transform negative emotions
Session 4: Executive function skills training (including task-switching and self-management)
Session 5: Executive function skills training (including effective ways to get over the learning difficulties)
Session 6: apply multi-perspectives thinking skills (including the Mandala) to develop a positive lifestyle
- Course Format** : Games, group counselling, discussions, role playing and experiential activities
- Medium of Instruction** : Cantonese
- Course Fee** : HK\$1,000 (One parent and one gifted child)
- Registration** : Parents should apply through the online registration system on our website



Information

Enquiry : Tel.: 3940 0104
Email:ps@hkage.org.hk

Brief introduction to Speaker:

Ms. Mary Lee

Ms. Lee earned her master's degree in Clinical Psychology at Illinois State University. Trained in the U.S.A., she carried out various assessments on patients, designing therapy plans, and provided personal, family and group therapies. She also conducted crisis assessment on patients who showed suicidal and violent tendencies to determine if they need hospital service.

Ms. Lee is an experienced Child and Youth Counsellor. She provided psychotherapy for abused children. She formed various therapy groups to help patients with emotional disorders in order to improve their self-esteem and social skills. After returning to Hong Kong, she continues to devote herself to helping children and youth. She goes to primary schools to provide training in social skill, reading and writing to students with special needs

Ms. Wong Wai Yee

Ms. Wong is experienced in child personal growth counselling (Senior Psychological Counsellor for Children). After graduated from the Department of Education Studies with a Major in Counselling at Hong Kong Baptist University, she earned the Certificate of Counselling and Supervision from The Chinese University of Hong Kong, and a certificate for teaching moral education from the Hong Kong Institute of Education. She has more than 10 years of experience in school education and student counselling. She received the Outstanding Teacher Award three times from the Education Bureau and once from another organisation. Recently, she completed the Satir Growth Model foundation course for personal growth and professional counseling.

Since 2000, Ms. Wong has been focusing on planning and promoting moral education and counselling services in schools. She is now a counsellor in an educational and psychological consultancy. In recent years, she has been devoting time to writing children's story books. Her works include a series of books on children's self-esteem. She also writes columns stories about self-esteem and columns for local newspapers and magazines. She has been interviewed for a local parenting magazine. In 2007, she participated in a community-wide project of boosting children's self-esteem and helped to train teachers.