

Parent group 1

Parent group on deeper understanding of gifted child:
using projective drawing & narrative approach

Date and Time	Target Group
8,15, 22, 29 Sept 2012 (Sat.) 10:30 a.m. – 12:30 p.m. (4 sessions)	Parents of gifted children (P.1 – P.6)

Venue : Room 403, The Hong Kong Academy for Gifted Education
Sha Kok Estate, Shatin, New Territories, Hong Kong
(Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)

Speaker : Ms Monica WONG, Psychotherapist & Clinical Supervisor

Course Introduction : Can you see clearly the thoughts, worries and fears of everyone around you just by studying one's drawings? Isn't that magical? In fact, your drawings are actual reflections of your inner worlds, which is true for everyone. More and more people are desperate for communicating with other people, yet this has become a matter beyond their control. This is because language as a means of communication will not only fail to help but sometimes will also become a barrier of communication. Projective Drawing will let you unknowingly project your sub-conscious mind on paper. Consequently, if you want to understand the hearts of self, family members and friends, especially children, you have to start from studying drawings.

Everybody loves listening to stories - no matter whether you are a king or a three-year-old kid. In fact, drama, music, visual arts, literature and history and even everyday news - all are about telling stories in its own way. In individual counseling and therapeutic groups, story-telling plays a vital and potent role. Target audiences not only include children, but also adolescents and adults. Story-telling helps us develop the skills to survive multitudinous life situation, especially through our hard times. In many clinical cases, the clients are so distressed that they are unable to tell their experiences directly. However, story-telling provides an effective means of communicating what clients might not want to discuss directly so that the therapeutic process can begin.

Course Content :

1. Through projective drawing, participants will understand the psychological states of gifted children and the common emotional problems facing them including anger, anxiety, worry, loneliness, indifferent, curiosity, not-being-understood, etc.
2. Through therapeutic conversations, participants will explore the inner worlds of gifted children.
3. Understand the relationship between behaviors and emotions of gifted children.

4. Skills of story-telling and the application of metaphors in different therapeutic settings
5. How does story-telling become an effective tool of effective communication?
6. Apply positive parenting skills to the communication with gifted children.

Course Objectives : After completion of the workshop, parents should understand more on the following areas:

1. What is projective drawing?
2. What is projection of the sub-conscious mind?
3. Understand emotions of self and gifted children by studying the colors, strokes and lines of drawings
4. Understand the application of projective drawing in parent-child counseling
5. The magic of metaphor
6. Guidance for effective story-telling
7. How stories heal?

Course Outline & Format : Outline

Session 1: Project Drawing and the Sub-conscious mind
 Session 2: The Application of Projective Drawing
 Session 3: Theory: Story-telling and the sub-conscious mind
 Creation: My story
 Session 4: Theory: Story-telling and metaphors
 Creation: My Animal Kingdom

Format
 Workshop activities include lectures, live demonstrations, and interactive discussion and sharing

Medium of Instruction : Cantonese

Course Fee : HK\$400

Registration Information : Parents should apply through the online registration system on our website

Deadline for Registration : 3 September (Monday) 5:00 p.m.

- Note:
1. Acceptance is on first-come-first-served basis
 2. Registrants will be notified of the outcome by 5 September 2012 (Wednesday) through email.
 3. The programme is conducted in collaboration with the Education Bureau.

Enquiry : Tel.: 3940 0104
 Email: ps@hkage.org.hk

Brief Introduction to Speaker:

Ms. Monica Wong is an author, psychotherapist, professional counsellor, clinical supervisor, trauma specialist and certified trainer, guest lecturer of the Chinese University of Hong Kong, President of the Psycho-Art Therapy Association, Academic Director of the Hong Kong Institute

for Counselling Professionals and the Psycho-Adventure Training Center, and advisor of the Eugene parenting magazine. She has often been invited to conduct seminars and psychology courses for universities and colleges, secondary, primary schools and kindergartens, enterprises and non-profit organizations.

She has given team-building and psychology training to some well known enterprises and organizations including HSBC, Prudential Assurance, Hong Kong government, Environment Protection Department, Social Welfare Department, etc. Participants of courses and seminars include senior executives and psychologists from China, Hong Kong, Macau, and Australia, and social workers.

Graduated from Philosophy in the Chinese University of Hong Kong, Ms. Wong has subsequently received her Masters degree in Counselling from Monash University. She has done attentive researches in psychotherapy and clinical psychology in recent years. She has been to Australia to follow the world renowned psychotherapy master, Mr. Michael White, for studying Narrative Therapy. Besides, she has also followed well known art therapists, Ms. Cathy Malchiodi and Ms. Cornelia Elbrecht, for studying Art Therapy. Furthermore, she has received individual coaching from Mr. Bill Cole, a world renowned psychology coach. She is the co-author of the best selling book, *Open the Locks of the Hearts – Enneagram* 《打開心鎖的密碼 – 九型人格心理學》 which has now been reprinted for nine times. Her newer books, *Walk Through the Ruin of Heart: Case Studies of Projective Drawing and Narrative Therapy* 《走出心靈的廢墟-投射繪畫與敘事心理治療》 and *Happiness is Around the Corner of Life: Case Studies of Psychotherapies* 《快樂在生命轉彎處》 have received credits from every commentators and are recommended by various television and radio programs, newspapers and magazines.

At the moment, Ms. Wong is writing a series of books on everyday psychology. At the same time, she also leads colleagues of Psycho-Art Therapy Association to pay regular visits to Sichuan province and conduct long-lasting psychotherapeutic work for earthquake victims, as well as provide free psychotherapeutic services to those people in need in Hong Kong. Apart from these, she also helps designing activities of a variety of subjects for the Little Writers' Association of Hong Kong and the Lazy Mums' Club, both of which are non-profit organizations in Hong Kong. She also publishes the 《心靈家書》 series which help children and adolescents develop their potentials and pave the way to become writers, as well as serve as a platform for parent-child communication for enhancing harmony in families.