

Thematic Seminar

Help Children Identify and Accept “Gifted Feelings”

Date and Time	Target Group
20 February 2016 (Saturday) 10:00 a.m. - 12:00 noon (2 hours)	Parents of primary members of the HKAGE

- Venue** : Lecture Theatre 105, The Hong Kong Academy for Gifted Education
Sha Kok Estate, Shatin, New Territories
(Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)
- Speaker** : Mr CHING Wing Tak, Victor
Educational Psychologist (Affective Education Department)
The Hong Kong Academy for Gifted Education
- Course Content** : Giftedness has been associated with high levels of sensitivity and intensity, and gifted children may therefore have particularly strong feelings and reactions to life events and developmental transitions. They may believe that no one feels as they do or could understand their feelings. From mood swings to sensitivity to fairness, sense of humour to the dark side of competition, the current seminar focuses on skills helping gifted children share their feelings on some common gifted traits.
- Course Objectives** : Upon completion of this seminar, parents should be able to:
1. Consider the effect of thoughts on feelings;
 2. See fairness issues from more than one perspective;
 3. Appreciate the value and functions of humour in daily life;
 4. Recognise jealousy, envy, and other negative feelings found in competitive situations.
- Course Outline** : 1. Learn and practise positive self-talk as a way to cope with downswings in mood;
2. Gain skills in articulating feelings about situations that seem unfair;
3. Consider family members’ sense of humour;
4. Put competition into perspective;
5. Case study sharing and group discussions;
6. Q&A session and concluding remarks.
- Medium of Instruction** : Cantonese
- Course Fee** : Free-of-charge (Funded by The Hong Kong Academy for Gifted Education)
- Quota** : 60
- Registration Information** : Parents should apply through the online registration system on our website:
<https://hkage.org.hk/b5/parent/Registration/pcp/courseLogon.php?pid=212>

Deadline for Registration : 10 February 2016 (Wednesday) 5:00 p.m.

Notes:

1. Due to the limited capacity, acceptance is on a first-come-first-served basis;
2. Registrants will be notified of the outcome by 12 February 2016 (Friday) through email.

Enquiry : Tel.: 3940 0104
Email: ps@hkage.org.hk

Remarks : 1. The course organiser (the HKAGE) will take photos and videos during the programme. The photos and / or videos may be reproduced in electronic forms and / or printed publications for educational, research and marketing purposes upon the participants' consensus in registration.

2. Car park arrangement: No parking spaces are available. Please park at nearby car parks.

Introduction to Speaker:

Mr CHING Wing Tak, Victor

Educational Psychologist

The Hong Kong Academy for Gifted Education

Mr Victor CHING received his Bachelor of Science degree (Psychology) from the University of Nottingham in the United Kingdom, Postgraduate Diploma in Education from the Chinese University of Hong Kong, and Master of Educational Psychology from the University of Melbourne. Mr CHING has taught English at secondary schools in Hong Kong. During his training in Australia, he had worked at the Developmental Disabilities Clinic of Monash Medical Centre and more than 10 primary and secondary schools, providing psycho-educational and counselling services to children and adolescents with different learning needs and behavioural issues. He also provided consultancy advice for school administrators, teachers and parents in Australia. As the Educational Psychologist of The Hong Kong Academy for Gifted Education, Mr CHING conducts personal growth, social development and parent education programmes for gifted students and their parents.