

**Parent workshop 6****2E series: Emotions management and behavioral modification for gifted children**

Date and Time	Target Group
16 & 30 Apr 2011 (Sat) 10:00a.m. – 12:00noon (2 Sessions)	Parents of twice exceptional children

**Venue** : To be confirmed

**Speaker and Facilitator** : Dr. Winnie KEUNG, Clinical Psychologist

**Course Description** : **Session 1: Gifted Children and Behavior Modification**

In this workshop, parents will learn to use behavior modification techniques at home to improve children's behavior and learning experiences. Behavior modification is the use of empirically demonstrated behavior change techniques to improve behavior through positive and negative reinforcement of adaptive and maladaptive behavior. The techniques are often applied in everyday life and are largely based on principles of learning.

**Session 2: Nurturing the Emotional Development of Gifted Children**

In this workshop, parents will learn the emotional needs of gifted children in terms of those that arise because of the interaction with the environmental setting and those that arise internally because of the very characteristics of the gifted child. These characteristics may be strengths but potential problems may also associate with them. Parents will learn ways to help their children cope with stress and manage negative feelings.

**Course Objectives** : Upon completion of this workshop, participants should be able to:

**Session 1: Gifted Children and Behavior Modification**

- Gain knowledge in applying behavior modification
- Perform a functional behavioral assessment on their children
- Generalize the techniques to different aspects of their children's everyday life

**Session 2: Nurturing the Emotional Development of Gifted Children**

- Gain a better understanding of their children's emotional needs
- Learn how the characteristics of gifted children can lead to their social and emotional problems
- Teach their children healthy ways of handling stress and negative emotions

<b>Course Outline &amp; Format</b>	: 1. Workshop contents  <b><u>Session 1: Gifted Children and Behavior Modification</u></b> <ul style="list-style-type: none"><li>▪ Theoretical background of behavior modification</li><li>▪ Techniques involved in behavior modification</li><li>▪ Application of behavior modification in parenting</li></ul> <b><u>Session 2: Nurturing the Emotional Development of Gifted Children</u></b> <ul style="list-style-type: none"><li>▪ Identification of affective characteristics of gifted children</li><li>▪ Identification of common stressors to gifted children</li><li>▪ Ways to enhance children's emotional competency</li></ul> 2. Format <ul style="list-style-type: none"><li>▪ Workshop activities include group discussion and sharing</li></ul>
<b>Medium of Instruction</b>	: Cantonese
<b>Course Fee</b>	: Free of charge (Funded by The Hong Kong Academy for Gifted Education)
<b>Registration Information</b>	: Parents should apply through the online registration system on our website
<b>Deadline for Registration</b>	: <b><u>4 Apr 2011 (Monday) 5:00p.m.</u></b> Note: Acceptance is on first-come-first-served basis. <b><u>Registrants will be notified of the outcome by early April through email.</u></b>
<b>Enquiry</b>	: Tel.:36984025 <a href="mailto:ps@hkage.org.hk">ps@hkage.org.hk</a>

### **Brief introduction to Speaker:**

Winnie Keung received her Psy.D from the Institute for Graduate Clinical Psychology, Widener University in 2003. Her dissertation topic was "A Cross-Cultural Study of Individualism/Collectivism and its Relationship to the Experience and Expression of Anger among Asian and American College Students."

Dr. Keung has been working in the field of clinical psychology in Hong Kong for about 7 years. She had previously worked in the Student Health Service, Child Assessment Services of the Department of Health, and the Student Counselling and Development Service of the Chinese University of Hong Kong.

Dr. Keung is experienced in conducting psychoeducational assessment, providing psychological treatments for various learning, emotional and behavioural problems. During her training in USA, she had worked in various community mental health centres, providing outpatient psychological services to children, adolescents and adults suffering from various conditions, such as depression, anxiety, posttraumatic stress disorder and psychosis.