

【For immediate release】

Self-Regulated Learning Enhances Learning Effectiveness in the New Normal

(Hong Kong – 11 Jan 2021) The signature event of the **Hong Kong Academy for Gifted Education (HKAGE), Annual Hotung Lecture 2021 (Lecture)** was successfully concluded last Saturday, with the support of the **Committee on Home-School Co-operation** and **The Hong Kong Education City**. Taking into account the epidemic, the Lecture was held online for the first time. But the physical distance did not undermine the audience's enthusiasm which has contributed to a record-breaking participation rate of about 200, comprising of educators, professionals, parents and members of the general public.

The theme of the Lecture this year is 'Self-regulated Learning', a practice highly required for online learning and home-schooling. **Ir Dr Alan LAM Hiu Fung, Chairman of the HKAGE**, said in his welcome speech, 'In light of the growing trend of online learning which has been further accelerated during the epidemic of COVID-19, the teaching and learning techniques of self-regulated learning have become more crucial than ever. I believe the sharing of **Professor Albert ZIEGLER's** in-depth studies on self-regulated learning would bring fresh perspectives to our audience.'

The officiating guest, **Mr Eugene FONG, Chairman of the Committee on Home-School Co-operation**, also echoed Dr LAM's view, 'Online teaching and e-learning at home seem to become a 'new normal' to teachers and students as a way to achieve 'suspending classes without suspending learning'. Parents are also trying their utmost to adapt to this 'new normal' to assist their children to learn better. The biggest challenge ahead would be how to enhance children's self-regulation and level of concentration.' He continued, 'I am delighted to be part of today's event and we look forward to joining hands with the HKAGE in the future to support or co-organise more activities which can help promote home-school co-operation and parent education.'

The renowned scholar best known for his ample studies of gifted education, **Professor Albert ZIEGLER** of the **University of Erlangen-Nuremberg** demonstrated in his keynote speech the 7-step normative cyclical model of Self-Regulated Learning, namely self-assessment, goal setting, strategic planning, strategy implementation, strategy monitoring, strategy adjustment, and outcome evaluation. 'Studies have shown that those gifted children with self-regulated learning performed better than those adopting externally regulated learning and impulsive learning.' He added, 'self-regulated learners were found to have higher enjoyment and less boredom in their journeys of learning.'

Executive Director of the HKAGE, Dr Jimmy KY WONG thanked the participants as well as the staff members for making the Lecture happen against all odds. 'Under the epidemic, the HKAGE has made every endeavour to adjust its programmes to adapt to the new normal, just like today's Lecture. We see every crisis as an opportunity by staying strong in front of any adversity.' he said in the closing remarks, 'the record high participation rate is a huge encouragement for us to keep providing valuable initiatives to the education sector, subsequently benefiting the community at large.'

The Annual Hotung Lecture is HKAGE's flagship event which aims to offer a unique and valuable opportunity for participants to learn directly from world-class experts and exchange views with local scholars on nurturing the gifted.

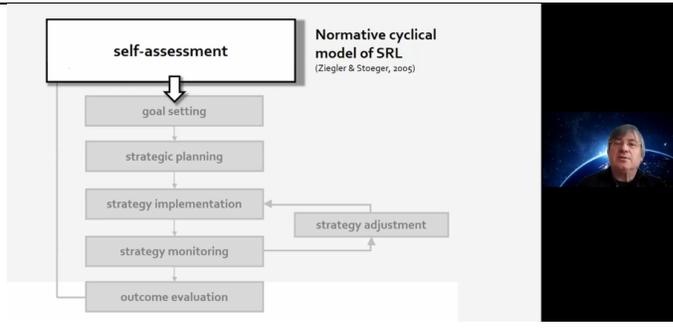
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The Hong Kong Academy for Gifted Education, a subvented non-governmental organisation, was established in 2008. It aims at serving the education sector in Hong Kong, offering the latest information, support and appropriate learning opportunities to gifted students, their parents, teachers and other stakeholders engaged in gifted education. Most of its programmes are provided free-of-charge.

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Annex

Photo https://hkage-my.sharepoint.com/:f/g/personal/tammycheuk_hkage_org_hk/ErGqO8K2kCdOne9d089b1gEBoAF5K-IW7ufpk3DIs-pYnQ

	 <p>The diagram illustrates the Normative cyclical model of SRL (Ziegler & Stoeger, 2005). It shows a cyclical process starting with self-assessment, leading to goal setting, strategic planning, strategy implementation, strategy monitoring, and outcome evaluation. A feedback loop labeled 'strategy adjustment' connects strategy monitoring back to strategy implementation.</p>
#1. Keynote Speaker: Professor Albert ZIEGLER, University of Erlangen-Nuremberg	#2. Professor Albert ZIEGLER, University of Erlangen-Nuremberg demonstrates the normative cyclical model of Self-Regulated Learning
	
#3. Officiating guest: Mr Eugene FONG, Chairman of Committee on Home-School Co-operation	#4. Ir Dr Alan LAM Hiu Fung, Chairman of the HKAGE , gives welcome speech

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#5. Dr Jimmy KY WONG, Executive Director of the HKAGE, gives closing remarks



#5. Two professional student MCs, from left: SHAM Pui Yan (S3) and Anagha Ray CHOUDHURY (S3)

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