



Fri-vers' nite: Shape your brain

(PGSS0005)

Introduction

"No man is an island..." (by John Donne) and hence "Fri-vers' nite", a platform for knowledge and experience exchange, is provided to you for sharing your points of view on certain topics with other gifted peers and even our alumni or elites in town when they are invited. Not only will you gain insights from other gifted persons, but also build a social network with this group of like-minded and make-a-difference driven people. Usually we will meet on the 1st Friday of every month except special arrangement.

Our brain is the most interesting object that we always want to uncover its mystery. People tend to believe that the brain went through only one huge growth and then underwent a lengthy pruning process. In fact, we all have a brain but why some people can be so successful and some cannot? We understand that it is not a one-step thing to have high achievement even you have a "gifted" brain. It takes an extended period of preparation to reach high performance in academia, arts, sports and music.

Nevertheless, what is the key for those who are called genius to overcome all difficulties and make success eventually? Do they have magic? Or is it about how their brains function so that they can persist to attain their goals? Come join us and discuss with others about how different the gifted brain is, as well as exploring the brain pruning tips through understanding how wiring of the brain parts can influence the mental, physical and emotional states of a person.

Programme Type

Sharing session

Facilitator

Ms Arie Lee graduated with a Bachelor's degree (Hons) in Social Work from the University of Hong Kong and a Master's degree in School Guidance and Counselling from the Chinese University of Hong Kong. She is a registered social worker and has been a student counsellor serving both secondary and tertiary institutions over ten years before joining the HKAGE. Besides, she is a qualified facilitator of Personality Dimensions® (psychological tool for assessing personality strengths and preferences). She currently serves as a Guidance Counsellor who is responsible for personal growth and social development programmes for gifted students at the HKAGE. With an understanding of the social and emotional needs of gifted children and youth, she has solid experience in exploring and designing various learning

opportunities for enhancing their personal growth and social development.

Target
Participants



- S1-S6 HKAGE student members
 - Class size: 25
- * *First-come-first-served*

Language



Cantonese

Application Deadline

20 May 2016

Schedule



Date	3 June 2016 (Friday)
Time	6:00pm to 8:00pm (Please arrive at 5:50pm for registration)
Venue	Room 303, The Hong Kong Academy for Gifted Education

Enquiries



For enquiries, please contact us at 3940 0104.