



Fri-vers' nite:

from Arctic and Antarctica explorations to life enlightenment

(PGSSS0004)

Introduction

"No man is an island..." (by John Donne) and hence "Fri-vers' nite" is provided you with a platform for knowledge and experience exchange, as well as sharing your points of view on certain topics with other gifted peers and even our alumni or elites in town when they are being invited. Not only will you gain insights from other gifted persons, but also build a social network with this group of like-minded and make-a-difference driven people. Usually we will meet on the 1st Friday of every month except special arrangement.

Have you ever thought about the kind of life you would like to live? What is your life purpose or what are the core problems that you want to solve for making a better world? Do you want to gain any kind of life experiences and how do you get the chance? This time, our Associate Director, Mr Patrick Lam is invited to share with you his extraordinary adventure of the two poles. You will be inspired to think deeper about your journey of life. Please find the summary of sharing below:

1. Special experiences of extreme environment, e.g. sudden changes of weather, strong UV, wind chill, snowstorms, frozen seas at the North & South poles;
2. Learning about research, unique ecology (eg. the penguin, arctic tern, polar bear, muskox, arctic fox, etc.), human settlements in extreme environments (Greenland);
3. Having fun time, such as swimming, hiking, geological field trips;
4. Inspiration on human qualities, including determination, persistence, confidence, openness.

Programme Type

Student Sharing Group

Mr LAM Hak Chung, Patrick

Antarctica and Arctic Expeditions Education Coordinator and Crew Member 2010, 2011

Guest speaker

Associate Director (Affective Education), The Hong Kong Academy for Gifted Education

Mr Lam had been a school teacher and principal in primary and secondary schools for 25 years, a member of various task forces in the Education Bureau and a project

manager in the Ministry of Education, New Zealand for external school review. He has been a guest lecturer at CUHK, HKIEd and OUHK as well as a speaker of over 200 workshops and seminars in schools, tertiary institutions and parent groups in Hong Kong, China, Taiwan, Spain and Canada. He has been a learning experience designer and an instructor of many stimulating gifted education programmes in various organisations for more than a decade, including being the Education Coordinator of Antarctica Expedition (first secondary student group in Asia) and Arctic Expedition (first secondary student group in HK) in 2010 and 2011 respectively as well as an instructor of international collaboration projects since 2004. Currently as the Associate Director of the HKAGE and a Doctor of Education candidate in HKU, he continues to explore the best practices to nurture the gifted.

Target Participants



- S1-S6 HKAGE student members
 - Class size: 25
- * *First-come-first-served*

Language



Cantonese

Application Deadline

31 March 2016

Schedule



Date	8 April 2016 (Friday)
Time	6:00pm to 8:00pm (Please arrive at 5:50pm for registration)
Venue	Room 303, The Hong Kong Academy for Gifted Education

Enquiries



For enquiries, please contact us on 3940 0104.