

Parent Workshop

How to develop children's self-confidence and self-esteem

Date and Time	Target Group
10 July 2015 (Friday) 10:00 a.m. – 12:00 noon (2 hours)	Parents of gifted children (priority will be given to the parents of SPS members)

- Venue** : Room 303, The Hong Kong Academy for Gifted Education
Sha Kok Estate, Shatin, New Territories, Hong Kong
(Located between Buddhist Kok Kwong Secondary School and Yue Shing Court)
- Speaker** : Mr CHING Wing Tak, Victor
Educational Psychologist
The Hong Kong Academy for Gifted Education
- Course Content** : This workshop examines the difference between self-confidence and self-esteem and considers how the two are influenced by different factors. A number of strategies for developing self-confidence and self-esteem as a constant state at home in children will also be discussed.
- Course Objectives** : Upon completion of this workshop, parents should be able to:
1. Understand the difference between self-confidence and self-esteem;
 2. Relate the possible motivational effects (e.g. attributions for successes and failures) to beliefs about ability to enhance self-confidence and self-esteem;
 3. Apply strategies to enhance self-confidence and self-esteem.
- Course Outline** : 1. Introduce the theories of self-confidence and self-esteem, the factors that influence children's self-concept, and some practical ways to enhance children's self-confidence and self-esteem;
2. Role-play, group discussion and sharing case studies;
3. Q&A and concluding remarks.
- Medium of Instruction** : Cantonese
- Course Fee** : Free of charge (Funded by The Hong Kong Academy for Gifted Education)
- Quota** : 30
- Registration Information** : Parents should apply through the online registration system on our website <https://hkage.org.hk/b5/parent/Registration/courses/courseLogon.php?pid=142>

Deadline for Registration : 30 June 2015 (Wednesday) 5:00 p.m.

Notes:

1. Due to the limited capacity, acceptance is on first-come-first-served basis;
2. Registrants will be notified of the outcome by 3 July 2015 (Friday) through email.

Enquiry : Tel: 3940 0104 or Email: ps@hkage.org.hk

Remarks : 1. The course organiser (the HKAGE) will take photos and videos during the programme. The photos and/or videos may be reproduced in electronic forms and/or printed publications for educational, research and marketing purposes upon the participants' consensus in registration.

2. Car park arrangement: No parking spaces are available. Please park at nearby car parks.

Introduction to Speaker:

Mr CHING Wing Tak, Victor

Educational Psychologist

The Hong Kong Academy for Gifted Education

Mr Victor CHING received his Bachelor of Science degree (Psychology) from the University of Nottingham, Postgraduate Diploma in Education from the Chinese University of Hong Kong, and Master of Educational Psychology degree from the University of Melbourne. Mr CHING taught English in Hong Kong's secondary schools. During his training in Australia, he worked in the Developmental Disabilities Clinic of Monash Medical Centre and more than 10 primary and secondary schools, providing psycho-educational and counselling services for children and adolescents with different learning needs and behavioural issues. He also provided consultancy advice for school administrators, teachers and parents in Australia. As the Educational Psychologist of The Hong Kong Academy for Gifted Education, Mr CHING conducts Personal Growth, Social Development and Parent Education programmes for gifted students and their parents.