

Parent Workshop

Positive Parenting for the Gifted Children

Date and Time	Target Group
8 & 15 November 2014 (Sat) 10:00 a.m. – 12:00 noon	Parents of gifted secondary children (Priority will be given to parents of the HKAGE student members)

Venue : Room 106, Hong Kong Productivity Council Building
78 Tat Chee Avenue, Kowloon Tong (Take Exit C2 at Kowloon Tong MTR station)

Speaker : Dr. Matthew Chu, Educational Psychologist

Course Content : As children grow up, they begin to assert their independence and find their own identity. Many of them experience behavioural changes that may seem bizarre and unpredictable to parents.

As the parent of a gifted child, you may have faced even greater challenges. Compared with normal children, troubled gifted children may encounter even more behavioural, emotional, or learning problems. For example, they may be unable to control their emotions, launch verbal attacks easily, or exhibit symptoms of mental health problems like depression and anxiety.

Parents may despair over failed attempts to communicate with their children, endless disputes, and open defiance. Or you may live in fear of your children's mood swings and explosive anger. While parenting a gifted child can often seem like an impossible task, there are steps you can take to ease the chaos at home.

In the workshop, you will learn some effective positive parenting skills based on the recent psychological theories which can be used to help your children manage their emotions and grow happily.

Course Objectives : Upon completion of this workshop, parents should be able to:

- understand why gifted children misbehave
- recognise different types of anger
- apply positive psychology to handle children's misbehaviour

- Course Outline** : Workshop contents:
Session 1:
- Understanding the reasons for emotional and behavioural problems exhibited by gifted children
- Case sharing
- Group discussion
- Q & A and concluding remarks
- Session 2:
- Recognising different types of anger
- Using positive psychology to handle children's behaviour problems
- Group discussion
- Concluding remarks and highlights of the importance of home training
- Course Format** : Workshop activities include group work and hands-on practice.
- Medium of Instruction** : Cantonese
- Course Fee** : HKD 200
- Registration Information** : Parents should apply through the online registration system on our website <https://hkage.org.hk/b5/parent/Registration/SMP/courseLogon.php?pid=76>
- Deadline for Registration** : 29 October 2014 (Wed), 5:00 p.m.
Note:
1. Acceptance is on first-come-first-served basis.
2. Registrants will be notified of the outcome by 31 October 2014 (Fri) through email.
- Enquiries** : Phone: 3940 0104
Email: ps@hkage.org.hk

Brief Introduction to Speaker:

Dr. Matthew Chu is an educational psychologist. His research interest is positive psychology, the study of human strengths and potential. He has conducted research in various areas like parent-child relationship, learning motivation, optimism, self-efficacy, and mental health. His research papers have been presented in international conferences hosted by organisations including American Psychological Association and International Congress of Psychology.

Dr. Matthew Chu has been invited to be a visiting lecturer at the University of Wisconsin, and taught a module of the foundation course of nurturing gifted learners (training program for teachers) at the University of Hong Kong. He serves as a speaker for the Hong Kong Academy for Gifted Education's teacher and parent workshops.